# Nature's Best Source of Cardioprotective Antioxidants

Persimmon leaf extract, a traditional Asian medicine, is now clinically proven to support heart health

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Cellular Respiration Powers the Body .....

Cellular respiration is the process by which human cells convert food into energy. A normal byproduct is free radicals, molecules with one or more unpaired electrons. Environmental elements (sunlight, tobacco smoke, pollution) can also create free radicals.





## 🚱 Oxidative Stress Can Damage Health 🚱

Free radicals perform useful tasks, but too many can cause oxidative stress that damages DNA, cells and tissues.<sup>1</sup> Oxidative stress is linked to cardiovascular disease, high cholesterol, high blood pressure and chronic inflammation.<sup>2</sup>

#### Importance of Antioxidants.....

Antioxidants can prevent damage from oxidative stress. They give their own electrons, which act as a natural "off" switch, to free radicals.<sup>3</sup> While antioxidants are naturally abundant in fruits and vegetables, the concentrations



can vary greatly. Also, some antioxidants known for specific health benefits are found in only certain plants. One of the best sources of numerous antioxidants with a wide range of health benefits is **persimmon leaves**.

### Persimonal<sup>™</sup>: An Antioxidant Powerhouse ··

Persimonal is an advanced food grade botanical extract of persimmon leaves (*Diospyros kaki Thumb*) that supports cardio-vascular health, including cholesterol and blood pressure levels already within the normal range.<sup>4</sup>

It contains one of the highest concentrations of cardioprotective polyphenols<sup>5</sup> plus other natural compounds that support immune



and gut health, brain health and healthy blood sugar levels.<sup>6,7</sup>

It is no wonder persimmon leaves have been an essential part of traditional medicine in Asia for centuries. Persimonal is sourced from our farms in Guilin, a city in Guangxi Province, China, that is renowned for its persimmons.

- Recommended daily serving: 300 mgs.
- Water soluble and insoluble forms available
- Favorable taste profile



#### **Clinical Research**

A large body of research supports the health benefits of persimmon leaves. A new randomized, double-blinded, placebo-controlled clinical study found that Persimonal helped support healthy cholesterol and blood pressure levels of individuals over the six-month study period.<sup>8</sup>



#### Persimonal<sup>™</sup> Supports Normal Blood Pressure Levels - Diastolic Statistically significant improvements in diastolic blood pressure among individuals with borderline hypertension Day 7 Day 60 Day 90 Day 120 Day 150 Day 180 0.0 -2.0 -4.0 -6.0 -8.0 -7.7 -10.0 -9.9 -12.0 Persimonal Placebo

#### Persimonal Organic Compounds

#### **Health Benefits**

	Triterpenes Betulinic Acid, Oleanolic Acid, Ursolic Acid, Arbulin	Blood Sugar Management
	Organic Acids Succinic Acid, Benzoic Acid, Sallylic Acid, Saccharic Acid, Carophyllin	Gut Health
	Coumarin Scopoletin, 6-hydroxy-herniarin	Vascular Health
	Sitostanol Stigmasterol, ß-sitosterol, lang-en  Brassicasterol	Lipid Management
	Flavonoids Rutin, Quercetin, Kempferide, Isoquercetin, Astragalin, Hyperoside, Myricitrin	Heart Health Brain Health Weight Management

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Learn More

are included and the set of the s



## and supplements. Visit us at <u>www.natcohealthyliving.com</u>

1,2 How does Oxidative Stress Affect the Body? Medical News Today. April 2019.

- 3 What is Being Oxidized and What is Being Reduced in Cell Respiration? www.sciencing.com. May 2019.
- 4 Persimmon (Diospyros kaki) fruit: Hidden phytochemicals and health claims. EXCLI J. 2015; 14: 542–561.
- 5 Antitumor and immunomodulatory activities of total flavonoids extract from persimmon leaves in H22 liver tumor-bearing mice. Sci Rep.2018; 8: 10523.
- 6,7 Persimmon (Diospyros kaki) fruit: Hidden phytochemicals and health claims. EXCLI J. 2015; 14: 542–561.
  8 The effects of a persimmon leaf oral supplement (Persimonal®) on cardiovascular health: a randomized, double-blinded, placebo-controlled study. HealthMED Volume 17 / Number 1 / 2023.